

Nottingham City Health and Wellbeing Board
Wednesday 26 January 2022

	Report for Resolution
Title:	Suicide Prevention in Nottingham City
Lead Board Member(s):	Lucy Hubber – Director of Public Health, Nottingham City Council
Author and contact details for further information:	Helen Johnston – Consultant in Public Health, Nottingham City Council helen.johnston@nottinghamcity.gov.uk Beth Hopcraft – Public Health Insight Specialist, Nottingham City Council bethan.hopcraft@nottinghamcity.gov.uk
Brief summary:	The purpose of this report is to provide an update on progress made on the approach to suicide prevention in Nottingham and the engagement with partners on the Stakeholder Network, and to seek approval for the refreshed Suicide Prevention Action Plan.

Recommendation to the Health and Wellbeing Board:

The Health and Wellbeing Board is asked to:

- 1) endorse the refreshed Suicide Prevention Action Plan;
- 2) identify a named Mental Health Champion within each partner organisation who can assist with co-ordinating engagement with the Suicide Prevention Stakeholder Network, facilitate participation in the mental health and suicide prevention training needs assessment, and support embedding the suicide prevention activities across the system.

Contribution to Joint Health and Wellbeing Strategy:

Health and Wellbeing Strategy aims and outcomes	Summary of contribution to the Strategy
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities.	Suicide has a significant, lasting, and often devastating impact – economically, psychologically and emotionally – on individuals, families, communities and the wider society. Suicide is preventable and suicide prevention remains a national and
Aim: To reduce inequalities in health by targeting the neighbourhoods with the	

lowest levels of healthy life expectancy.	local priority.
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles.	<p>The Council's aim is to reduce the rate of suicide and self-harm in Nottingham by proactively improving population mental health and wellbeing, and by responding to known risks for suicide. Responses are targeted toward certain higher-risk population groups in line with national, regional and local trends.</p> <p>A recently evaluated post-intervention bereavement service is available to manage the risk to people who are impacted by suicide. Through the development of projects funded by Wave 4 grant funding, the population will have sustainable knowledge and access to information and support with the aim of preventing suicide and self-harm.</p>
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health.	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well.	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing.	

How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health

The suicide prevention agenda is integral in the mental health and wellbeing improvement aims of the Board. It is acknowledged that poor mental health, as well as poor physical health, increases a person's risk of dying by suicide. Suicide is universal: prevention must span all populations, communities and demographics. The refreshed Action Plan developed by the Suicide Prevention Strategy Group details ways in which organisations and professionals can support the agenda.

Background papers:	<p>NHS Long Term Plan 2019 https://www.longtermplan.nhs.uk/publication/nhs-long-term-plan/</p> <p>Nottingham City Council Suicide Joint Strategic Needs Assessment, 2018 https://www.nottinghaminsight.org.uk/themes/health-and-wellbeing/joint-strategic-needs-assessment/adults/suicide-2018/</p> <p>Public Health Profiles: Suicide Prevention Profile, Public Health England. https://fingertips.phe.org.uk/profile-group/mental-health/profile/suicide</p> <p>Nottingham City and Nottinghamshire Suicide Prevention Strategy 2019-23. https://committee.nottinghamcity.gov.uk/documents/s98367/Suicide%20Prevention%20Strategy.pdf</p>
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	<p>University of Manchester National Confidential Inquiry into Suicide and Safety in Mental Health – Suicide in England since the COVID-19 pandemic.</p>
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<https://documents.manchester.ac.uk/display.aspx?DocID=51861>